



Gurjeet Kaur Chawla

Mrs Gurjeet is Associate Professor in the Department of Nutrition and Dietetics, Faculty of Applied Sciences, Manav Rachna International Institute of Research and Studies (formerly MRIU)

A certified level two anthropometrist accredited by International Society for the Advancement of Kinanthropometry she was nominated for a faculty exchange programme at Leeds University, UK 2010 and also for a collaborative research programme by University of Tsukuba, Japan in 2011 sponsored by Japanese Government. With a rich international exposure - she has participated / presented papers at various conferences including one by Scientific Committee of Global Forum for Physical Education and Pedagogy (GoFPEP) in 2014, at South Africa on Model school promoting Health and Wellness. She is also working as coordinator for an international project on 'Global Health and Physical Education School Network (GHPESEN) in Partnership with School, Community and University through Technology (Pilot Study)' - BRAIN BREAKS in association with HOPSports Inc, USA. She has edited three books on The Science of Human Movement, Sports Psychology and Training and Exercise Physiology and Nutrition and has over 16 years of teaching experience. Mrs. Gurjeet has been honored by The Hindustan Times school programme for commitment towards excellence in education.