



MANAV RACHNA
Vidyanatariksha

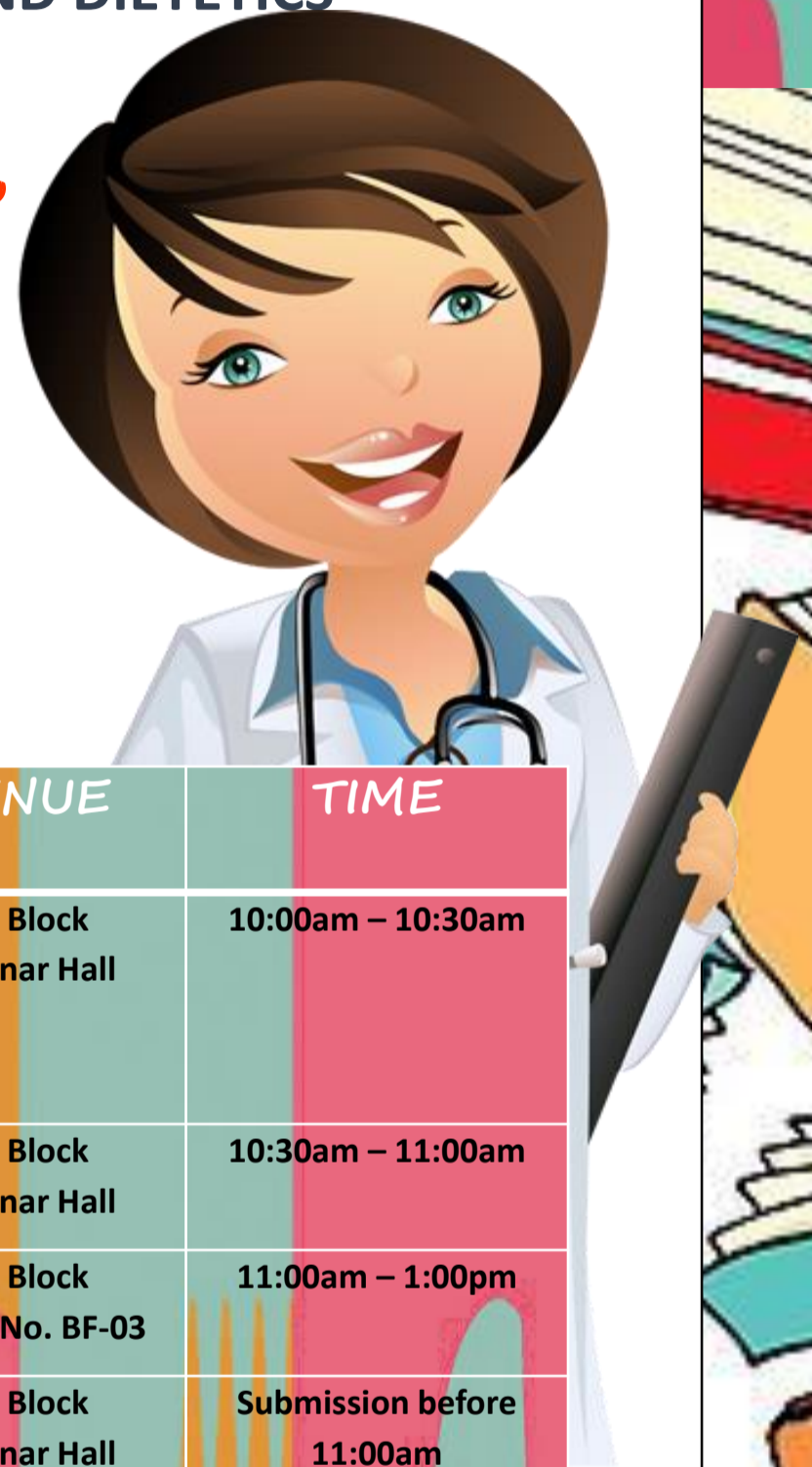
**MANAV RACHNA INTERNATIONAL UNIVERSITY
FACULTY OF APPLIED SCIENCES
DEPARTMENT OF NUTRITION AND DIETETICS**

CELEBRATE

**DIETETICS DAY,
2017**

**THEME:
CONSULT A DIETICIAN,
GET FOODUCATED.**

10th January 2017



S.NO.	EVENT	VENUE	TIME
1.	<i>Expert Lecture – Dr. Abhilasha Shourie,</i> HOD, Department of Biotechnology, MRIU TOPIC: NUTRIGENOMICS OF TYPE II DIABETES MELLITUS	B – Block Seminar Hall	10:00am – 10:30am
2.	<i>Aerobic Session - ZUMBA</i>	B – Block Seminar Hall	10:30am – 11:00am
3	<i>Counselling sessions using recent technology (Health Buddy App.)</i>	B – Block Room No. BF-03	11:00am – 1:00pm
4.	<i>IEC Material Competition</i> {Poster, Chart ,Developing an App ,Flashcards ,Leaflets} <u>THEME: A LOT CAN HAPPENS, WHEN YOU EAT YOUR COLOR....</u>	B – Block Seminar Hall	Submission before 11:00am Evaluation Time 11:00am to 12:30pm
5.	<i>Article Writing Competition</i> THEME: WHAT MAKES A DIET EASY TO FOLLOW.....	B – Block Room No. BF-02	11:00am-12:30pm
6.	<i>Healthy Recipe Competition</i> THEME:COOKING WITHOUT FIRE	B – Block, Food Testing Lab, BF - 05	11:00am-1:00pm
7.	<i>Nutrition challenge (Quiz)</i>	B – Block Seminar Hall	1:00pm-2:00pm
8.	<i>Valedictory Session</i> - Dr. G L Khanna, Dean FAS	B – Block Seminar Hall	2:00pm-2:15pm