



MANAV RACHNA UNIVERSITY, FARIDABAD

Sector 43, Aravalli Hills, Manav Rachna Campus Rd, Faridabad,
Haryana 121004

Dr Lucy George

Designation: Associate Professor

Qualifications: Ph.D (Public Health Nutrition)

Email: lucy.fahs@mriu.edu.in

Experience: 18 years

Research Interest: Public health nutrition, clinical nutrition, food technology

Journals Publication Details

1. Pradeep V. Mammen¹, , Lucy George² . "Patient Satisfaction in Health Care Management with Special Reference to Missionary Hospitals in Kerala. *International Journal of Healthcare Education and Medical Informatics* 2022 (ISSN: 2455-9199/ DOI: 10.24321/2455.9199 .
2. Lucy George, Dr Sabitha. Prevalence of Menstrual disorders and Menstrual hygiene among school going adolescent girls in central Kerala. *Food Science: Indian Journal of Research in Food Science and Nutrition*, Vol 6(2), 13-18, July-December 2019.
3. Lucy George, Dr Sabitha N, , Dr Rehna Rehman, Dr Libu. Dietary Behaviours among adolescent girls in the Pathanamthitta district of Kerala. *International Journal of Preventive, Curative & Community Medicine* Volume 6, Issue 3 - 2020,

Pg. No. 3-9 .PeerReviewed&OpenAccess Journal.DOI:
<https://doi.org/10.24321/2454.325X.202011> (ISSN: 2454-325X).

4. Lucy George, Dr Sabitha N, Dr RehnaRehman. Review on Public Health Services among School-Going Adolescents in Kerala.Indian Journal of Youth and Adolescent Health Volume 7, Issue 2 - 2020, Pg. No. 23-27Peer Reviewed & Open Access Journal.DOI: <https://doi.org/10.24321/2349.2880.202010> (ISSN: 2349-2880).
5. Garima Sachideva, Lucy George. Study on food safety knowledge and practices among adult of urban and rural population. Indian journal of youth and adolescence issn 2349-2880 Accepted.
6. Harshitha Chung, Lucy George. "Comparative Study on the Association of Body Image with Self-Esteem among Young Adults.Indian Journal of Youth and Adolescent Health(ISSN: 2349-2880). Accepted.
7. Lucy George, Bharathiyar University, India Mar Athanasios College for Advance Studies, IndiaAnemia in South Indian adolescent girls: Cross sectional study on prevalence and risk factors3rd Indo-Global Summit & Expo on HealthCare October 05-07, 2015 New Delhi, India Health Care : Current Reviews.
8. Lucy George, Dr. Sridevi (2015). Risk Factors Influencing Prevalence of Anemia among Adolescent school girls in Pathanamthitta District of Kerala. Published by recent trend in occupational inequality at work place an international perspective. First edition, pp 91.october 2015. ISBN NO -819077300.3.
9. Kesavan Rajasekharan Nayar, Lekha D. Bhat, Lucy George. The Feverish State and Syncretic Holism: The Re-assertion of Oral Tradition in Medicine, British Medical Journal Medical Humanities January 18, 2018.

10. Kesavan Rajasekharan Nayar, Lucy George, Lekha D. Bhat, AnantKumar Eat. Drink and Be not merry and die too: Public health implication of alcohol consumption. BMJ Medical Humanities, 17 May 2018.
11. Kesavan Rajasekharan Nayar, Chitra Grace, JinbertLordson, Lekha D Bhat,Lucy George Minu Abraham, Withering Wastes and the wuthering state of Kerala, India. BMJ, Medical Humanities april 24th 2018.
12. Kesavan Rajasekharan Nayar, Muhammed Shaffi, Prasad M Gopal, Chitra Grace, Lucy George, Minu Abraham, Jinbert Lordson. The without syndrome. A qualitative exploration of Diabetes in Kerala. BMC Vol.3, 1, Jan-June, 2018.
13. Kesavan Rajasekharan N, Seval A2, Lekha D Bhat, Lucy George and AnantK. Working in Twilight Zones: Some reflections on the conceptual and methodological issues of inter-disciplinary approach in public health. BMJ Public Health Open Access. Vol.2, Issue 2.

Conference details.

Seminar attended with certificate 2022

1. National Webinar on Recent Advances in Prevention and Control of Hepatitis B & C jointly organized by Institute of Liver and Biliary Sciences, New Delhi and Department of Nutrition & Dietetics, Faculty of Allied Health Sciences Manav Rachna International Institute of Research & Studies on 11th February 2022.
2. Ayurveda four weeks crash course affiliated to yoga alliance continuing education provider (YACEP) and accredited by international association of therapists (IAOTH) On Feb 4th to 27th 7pm -9pm .

Seminar attended with certificate 2021

1. Online FDP(6 days) on "Outlook over Research Writing and Publication Process" held from 13th-18th December 2021 organised by Manav Rachna international institute for research university, Faridabad .
2. Expert panel Student Project scheme 2021, Kerala State Council for Science Technology and Environment. Trivandrum
3. Ayurvedic Nutrition Workshop & Certificate Course on Nov 26to 28th 2021 Institute For Sports and Fitness Development ,Delhi
4. E-CNE on Management & Prevention of NCD's A new Paradigm 6th to 9th september 2021 organized by Nutrition department Manav Rachana university
5. Carrier opportunities in sports and fitness education .A future perspective 3rd september 2021 organized by Manav Rachana university associated with sports fitness and education.faridabad
6. FDP Integrative approach towards current practices in food product development 29th april to 4th may 2021, organized by Manav Rachana international university Nutrition department ,Faridabad

Covid-19 pandemic 2020 webinar attended with certificate

1. Two Boons for Happier Life – Health and Wellness. July 02, 2020 organised by Manav Rachna International Institute for Research and Studies.

2. Balancing Self, Family and Professionally. June 27, 2020, organised by Manav Rachna International Institute for Research and Studies.
3. Food Safety Culture. July 21, 2020, Organised by FSSAI-ITC, Mumbai.
4. Grains for Gut Microbiome Health: A Dietary Perspective. July 28, 2020 organised by Nutrition Society of India-Mumbai Chapter.
5. Intellectual property protection: An overview. July 20, 2020 organised by Shaheed Rajguru College for Applied Science for Women.
6. Orientation training for post graduate students of public health and nutrition for online module on in fact and young child feeding. August 04, 2020 organised by National Institute of Public Cooperation and Child Development (NIPPCD), New Delhi.
7. Support Breast Feeding for a Healthier Planet. August 05, 2020 organised by Manav Rachna International Institute of Research Studies, Faridabad.
8. International webinar serious world breast feeding week. august 1st to 7th 7 days organised by Vellair College for Women, Erode, Tamil Nadu.

9. International Webinar Series - World Breast Feeding Week. August 1-7, 2020 for 7 days organised by Vellair College for Women Erode, Tamil Nadu Quiz competition 94%.
10. National nutrition Month Quiz 80%. Won on September 09, 2020 organised by Sriramachandran Institute for Higher Studies, Chennai.
11. C based metabolic flux. August 21, 2020 organised by St Joseph College of Engineering, Chennai.
12. Collagen based materials used in biomedical application-Bio Talk Series organised by St Joseph College of Engineering, Chennai.
13. Impact of new education policy 2020 on undergraduate and post graduate colleges. August 08, 2020 organised by Goswami Ganesh Dutta SD college, Chandigarh.
14. Recent trend and development in food technology a faculty development programme. August 10-14, 2020. Saint Gits College for Engineering in association with AFST Cochin Chapter, Kerala.
15. Recent Advances in Dairy Processing Engineering. August 24-28, 2020 organised by Tamil Nadu Veterinary and Animal Science University, College of Food and Dairy Technology Chennai.

16. Introduction to FSSAI act and Regulation. August 19, 2020 organised by Rajalekshmi Engineering College, Tamil Nadu.
17. Diet and Nutrition for Lifestyle Diseases Management during Covid-19 Pandemic. August 25-27, 2020 organised by university of agricultural science Bangalore.
18. Tools and Techniques in Nutritional Assessment. September 01-03, 2020 organised by Manav Rachna international institute for research and studies.
19. Translational research in nutrition and dietetics. September 01-02, 2020 organised by Nutrition Society of India- Mumbai Chapter.
20. Faculty development Programme on research in virtual world. September 01-07, 2020. jointly organised by Manav Rachna University, English Department, Cape Comorin Trust India, Grand Academic Portal In Association In India And Lavender Literacy Club.
21. Malnutrition free India via gender friendly initiative. September 12-13, 2020. organised by Department of Community Medicine, All India Institute of Medical Sciences, Maglagiri, Andhra Pradesh.

22. Clean Yamuna-A Gateway towards Cancer Prevention. September 14, 2020 organised by Shaheed Rajahuru college of applied science for women Delhi university

Previous conference, seminars attended during 1997-2017

- ❖ The International Association for Adolescent Health 11th World Congress on Adolescent Health Investing in adolescent Health – “**The future is new**” **27th To 29th October 2017** in new Delhi organized by ministry of health and family welfare.
- ❖ Global spiritual conclave – Santhigiri Research foundation in association with Sanchi University of Buddhist studies, Indian council of cultural studies, Indian council philosophical research, Indian council for historical research **august 24th 27th august 2017** in **pothencode Trivandrum** santhigiri ashram
- ❖ ReAct Asia-Pacific, Christian Medical College Vellore, Centre for Environment Sustainability and Health and Pushpagiri Medical College Thiruvalla organized one day seminar on Antimicrobial resistance (AMR) in the sector of veterinary /aquaculture /and agriculture farm industry -**8th may 2017. TVM**
- ❖ UGC sponsored national seminar on health and perspective of –tribal population organized by dept of sociology Loyola college **Trivandrum-27 th to 29th march 2017– oral presentation**
- ❖ National conference organized by school of environmental studies cochin university of science and technology “Zero Effluent Discharge technologies on **8th march 2017**

- ❖ The Prince Mahidol Award Conference (PMAC) is an annual international conference focusing on policy-related health issues of global significance at **Bangkok Thailand- 29thFebruary to 3rd march -2017**
- ❖ 29th Kerala science congress at marthoma college **28thjan 30thjan 2017**
- ❖ Food entrepreneur's conclave workshop organized by Kerala University of Fisheries and Ocean Studies (KUFOS) 2016.
- ❖ One day seminar on "Pulses –seeds for a sustainable future" organized by CMS college Kottayam2016.
- ❖ The mission towards emerging strategies in food science and nutrition organized by Vellalar college for Women DBT star college scheme fund – **As a guest speaker : Presented a paper** on making population healthy through nutrition .- January 30th 2016. Coimbatore additional study materials distributed to the college students -topic –**vision 2020 health sector in India**
- ❖ Ethnic foods it's processing & Health benefits of consumers organized by BCM college kottayam – **actively participated on panel discussion** on 12th February 2016. Kerala
- ❖ 12th international conference of the Asian clinical oncology society & 35th annual convention of Indian association for cancer research and mid-term conference of IASO- **CANCER IN ASIA BRIDGING THE GAP** – 8th 10th April 2016 New Delhi.

- ❖ Gender Friendly policies & initiatives in higher education institutions organized by one day ICSSR national workshop in Bharathidasan university Tiruchirapalli – As a resource person **presented a paper** and submitted best women friendly environment policy practices in MACAFST college 30th April 2016 Tamil Nadu.
- ❖ Multidimensional factors influencing the health & nutrition of adolescents- **Presented a Paper.** international conference on food, nutrition and health ICFNH-2016 *food and health for everybody, everywhere* June 6-8, 2016 Organized by Indian dietetic association, Maduri.
- ❖ Attended the UGC sponsored two days national seminar on recent statistical techniques for data analysis and the importance of statistical software – organized by Assumption college Changanacherry – **presented paper** on nutrition how importance in adolescence . August 10th 2015 Kerala
- ❖ UGC sponsored one day international conference on recent trends in occupational inequality at work place- organized by the department of women's studies Bharathiyar University Coimbatore – **presented a paper** on risk factor influencing prevalence of anemia .-August 25th 2015 Coimbatore
- ❖ 3rd Indo Global Health Summit and expo health care – organized by OMICS international USA – **paper presentation** on October 5-7th 2015 New Delhi.

- ❖ National conference on Diabetic research and treatment – organized at Pushpagiri medical college research centre – **poster presentation** on adolescent anemia: An overview 2015-july Kerala
- ❖ National Science Technology Day Seminar. MACFAST, Kerala, 2014
- ❖ Parenteral and Enteral nutrition conference at St.Teresa's College, Cochin, Kerala, India– 2014 .
- ❖ John Hopkins University, USA Education Entertainment (EE5) at New Delhi in 2011
- ❖ Chronic stable angina organized Oman heart association 22nd may 2008 Muscat.
- ❖ 38 th annual national convention Indian Dietetics Annual conference Indore chapter 3rd to 4th December 2005. Indore
- ❖ Alliance of 4th International congress on cardiovascular Disease & 11th world congress on clinical Nutrition. **Presented poster.** 17th 19th November 2006 Mumbai .
- ❖ National Conference on Pancreatic Disease 6 -7thaugust 2005. New Delhi
- ❖ 11th Indian Society of Parental and Enteral Nutrition Annual Conference organized King George Medical college Lucknow ISPENCON 5th to 7th November 2005.poster Lucknow.

- ❖ Nutrition Challenges A Head organized by Institute of Home Economics Delhi University & Micro Nutrient Initiative Asia New Delhi 5th feb2004. New Delhi
- ❖ Annual conference of Indian association of cardio vascular –thoracic surgeons – 19th22 nd February 2004 .New Delhi
- ❖ 37th annual conference of Indian dietetics association organized by All India Institute of medical Science 8 th9th October 2004 New Delhi
- ❖ 10th annual conference of the Indian society of Parenteral and Enteral nutrition 5-7th November 2004.chennai
- ❖ Orientation programme on reproductive health rights to the college teachers and students organized by dept of adult & continuing education Bharathiyar University & university of Madras –actively participated as PG student in 31st Jan 1997. Coimbatore .

Research supervised (Ph.D) one as Co Guide - A Study on the perception of Patients and Professionals on Healthcare Management with special reference missionary hospitals in Kerala 2015-2022-(on going)

Administrative responsibilities -Member of 12 B committee

Professional affiliation

- ❖ Indian Dietetics Association (IDA)
- ❖ Indian Society of Parental & Entreal Nutrition (ISPEN & PENSA)
- ❖ Oman Heart Association (OHA)
- ❖ Nutrition Society of India (NSI)
- ❖ Christian Medical Association of India (CMAI)
- ❖ Indian Public Health association (IPHA)
- ❖ Regional Association of Women Studies (RAWA)
- ❖ Indian Association of Women Studies (IAWS)
- ❖ Association Of Food Science and Technology (AFST)
- ❖ Indian Association of Adolescence (IAAH)

Talk Delivered

Resource person (11) districts)

- ❖ Sasthra Bodhini Programme of KSCSTE. It is a programme aimed to identify and promote young talented students specifically from the Model Residential Schools (SC and ST) by providing them facilities for scientific interaction, platform for deliberations, and project studies with the training and guidance of teachers.

programme is implemented in all the 18 Model Residential Tribal Schools (MRS) of Kerala 2018-2019

- ❖ UGC sponsored national seminar on health and perspective of –tribal population organized by dept of sociology Loyola college **Trivandrum-27 th to 29th march 2017– oral presentation**
- ❖ The mission towards emerging strategies in food science and nutrition organized by Vellalar college for Women DBT star college scheme fund – **As a guest speaker : Presented a paper** on making population healthy through nutrition .- January 30th 2016. Coimbatore additional study materials distributed to the college students -topic –**vision 2020 health sector in India**
- ❖ Gender Friendly policies& initiatives in higher education institutions organized by one day ICSSR national workshop in Bharathidasan university Tiruchirapalli – As a resource person **presented a paper** and submitted best women friendly environment policy practices in MACAFST college 30th April 2016 Tamil Nadu.
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- ❖ 3rd indo Global Health Submit and expo health care – organized by OMICS international USA – **paper presentation** on October 5-7th 2015 NewDelhi.

Event Organized workshop/seminar /conference

REGIONAL SEMINAR ORGANIZED- FUNDED BY KSCSTE TRIVANDRUM

Participatory approach and community mobilization for to implement effective way of the anemia mental health project in Pathanamthitta district

Theme – Anemia and mental health: assessment prevention and control

Date – 2017

Place – Mar Athanasios College For Advance Studies, Thiruvalla, Kerala