

Proposed List of activities for Odd Semester of Academic Session 2023-24

Sr. No.	School	Dept.	Title of the event	Type of Event (FDP / STTP/ Expert Lecture / Conference ,Club activity etc.)	Date From	Date To	Duration(Day s/ Hours)	Proposed Venue	Level of Event (Department/Intra or inter university)	Name of the event coordinator	Proposed Audience (Faculty/Students/B ody)	Additional Information
1	SA HS	Nutrition and Dietetics	Instrument Training in NIFTEM	STTP	7/3/2023	7/7/2023	5 days	NIFTEM, Sonipat	inter university	Dr. Lakhvinder Kaur	Students	
2	SA HS	Nutrition and Dietetics	Breast Feeding week (Expert lectures and outreach Programme)	Expert Lecture	8/1/2023	8/7/2023	6 days	Q Block, MRIIRS and Community	Department level	Ms. Vandana Garg	Student and Community	
3	SA HS	Nutrition and Dietetics	Yoga and Diet: Practical Approaches	Life Skill	8/14/2023	8/14/2023		Q Block, MRIIRS	Department level	Dr. Gurseen Rakhra	Student	
4	SA HS	Nutrition and Dietetics	Alumni Expert Talk: career Counselling	Expert Lecture	8/20/2023	8/20/2023	1 day	I Block, MRIIRS	Department level	Dr. pratibha Singh	Student	
5	SA HS	Nutrition and Dietetics	Industrial Visit: Delhi Milk Scheme - August 2023	Industrial Visit	8/22/2023	8/22/2023	1 day	Delhi Milk Scheme	Department level	Dr. Lakhvinder Kaur	Student	
6	SA HS	Nutrition and Dietetics	Workshop on Texture Analyser Sponsored by SDS Instruments	STTP	8/30/2023	8/30/2023	1 day	Q Block, MRIIRS	Inter University	Dr. Lakhvinder Kaur	Student+ Faculty	

7	SA HS	Nutrition and Dietetics	Institute of Nuclear Medicine & Allied Sciences Visit - Thyroid Clinic	Industrial Visit	8/17 /202 3	8/17 /202 3	1 day	INMAS- Delhi	Departme nt level	Dr. Usha panjwani	Student	
8	SA HS	Nutrition and Dietetics	National Nutrition Month 2023, Pannel discussion on New Nutrition Guidelines: RDA vs EAR Dr. OP Bhalla Nutrition Quiz- School Dr. OP Bhalla Nutrition Quiz- College Various competitions - recipe/poster/face painting/dance/nukkad Natak/Fashion Show (theme based) Life Skill -	Expert Lecture, Club Activity, Competitions	9/1/ 2023	9/30 /202 3	30 days	Q Block and T Block, MRIIRS	Departme nt level Inter and intra University	Dr. Mahak Sharma Ms. Vandana Garg Ms. Ankita Sharma Dr. Pratibha Singh Dr. Lakhvinder Kaur	Student+ Faculty	

			Zumba/Aerobics	
9	SA HS	Nutrition and Dietetics	Nukkad Natak: Say no to plastic	
10	SA HS	Nutrition and Dietetics	Outreach Programme in community: healthy food choices: key to healthy nutritional status	
11	SA HS	Nutrition and Dietetics	Outreach Programme in community: Food Hygiene/ personal hygiene	
12	SA HS	Nutrition and Dietetics	Nutrition Instrument Training: DIPAS	Industrial Training
13	SA HS	Nutrition and Dietetics	Good Laboratory Practices and record Maintenance	Workshop

9/15/2023	9/15/2023	1 day	Q Block, MRIIRS	Intra University level	Dr. Lucy George	Student			
9/17/2023	9/17/2023	1 day	Q Block, MRIIRS	Intra University level	Dr. Sarushi Rastogi	Student			
9/17/2023	9/17/2023	1 day	Q Block, MRIIRS	Intra University level	Ms. Vandana Garg	Student			
9/19/2023	9/22/2023	4 days	DIPAS	Department level	Dr. Usha panjwani	Student+ Faculty			
9/21/2023	9/21/2023	1 day	Q Block	Inter University level	Dr. Gurseen Rakhra	Non teaching Staff			

14	SA HS	Nutrition and Dietetics	Industrial Visit: Mother dairy/NDRI Karnal / Yakult	Industrial visit	9/28 /202 3	9/28 /202 3	1 day	Industry Site	Departme nt level	Dr. Lakhvinder Kaur	Student	
15	SA HS	Nutrition and Dietetics	Sport Organization Visits: SAI/ JLN Stadium/ NDTL	Industrial visit	9/28 /202 3	9/28 /202 3	1 day	Industry Site	Departme nt level	Dr. Kommi Kalpana	Student	
16	SA HS	Nutrition and Dietetics	Doping in sports: Ethical Approaches	Professional Ethics programme	9/22 /202 3	9/22 /202 3	1 day	Q Block, MRIIRS	Departme nt level	Dr. Kommi Kalpana	Student	
17	SA HS	Nutrition and Dietetics	World food Day Celebration	Expert Lecture and Competition	10/2 0/20 23	10/2 0/20 23	1 day	T Block/A Block	Inter and intra University	Dr. Lakhvinder Kaur+ Dr Sarushi	Student	
18	SA HS	Nutrition and Dietetics	Industrial Training/Edu cational trip- Defence Food Research Laboratory, Mysore	Industrial Training	10/9 /202 3	10/1 3/20 23	4 day	Industry Site	Departme nt level	Dr. Usha panjwani	Student+ Faculty	
19	SA HS	Nutrition and Dietetics	Ethical consideratio n for Nutrition Counselling	Professional Ethics programme	10/6 /202 3	10/6 /202 3	1 day	Q Block, MRIIRS	Departme nt level	Dr. Mahak Sharma	Student	
20	SA HS	Nutrition and Dietetics	Alumni meet: Retrace 2023	Alumni Meet	10/2 7/20 23	10/2 7/20 23	1 day	A Block/T Block	Departme nt level	Dr Gurseen Rakhra+	Student	

21	SA HS	Nutrition and Dietetics	Industrial Visits AIIMS- Geriatric Clinic/hypert ension/baria tric clinics	Industrial Visit	10/1 8/20 23	10/1 8/20 23	1 day	Industry Site	Departme nt level	Dr. Usha panjwani	Student	
22	SA HS	Nutrition and Dietetics	New Era of Nutrition Sciences: Carrer opportunities	Carrer guidance	11/2/ 2023	11/2/ 2023	1 day	Q Block	Departme nt Level	Dr. pratibha Singh	Student	
23	SA HS	Nutrition and Dietetics	Exclusive session on UGC NET JRF/ICAR	Carrer guidance	11/2/ 2023	11/2/ 2023	1 day	Q Block	Departme nt Level	Dr. Gurseen Rakhra	Student	
24	SA HS	Nutrition and Dietetics	International Workshop on Kinanthropo metry - Level 1	Workshop	11/6 /202 3	11/9 /202 3	4 day	Q Block/l Block	Inter and intra University	Ms. Vandana Garg	Student+ Faculty	
25	SA HS	Nutrition and Dietetics	New emerging Areas in Health Sciences: opportunitie s and future aspects	Faculty Development	11/2 8/20 23	12/2 /202 3	5 day	Q Block	Inter and intra University	Dr. Madhvi Awasthi+Ms. Srishti Negi+ Dr. Mahak Katyal	Faculty	
26	SA HS	Nutrition and Dietetics	Industrial Visit: Safal Industries	Industrial Visit	11/2 0/20 23	11/2 0/20 23	1 day	Industry Site	Inter and intra University	Dr. Lakhvinder Kaur	Student	
27	SA HS	Nutrition and Dietetics	New Era of Nutrition Sciences:	Carrer guidance	11/2 /202 3	11/2 /202 3	1 day	Q Block	Inter and intra University	Ms. Ankita Sharma	Student	

			Carrer opportunities									
28	SA HS	Nutrition and Dietetics	Exclusive session on UGC NET JRF/ICAR	Competitive Exam	11/2/2023	11/2/2023	1 day	Q Block	Inter and intra University	Dr. pratibha Singh	Student	
29	SA HS	Nutrition and Dietetics	Visit to Netaji Subhas National Institute of Sports Patiala/SAI Sonapat	Industrial Visit	11/10/2023	11/10/2023	1 day	Industry Site	Inter and intra University	Dr. Kommi Kalpana	Student	
30	SA HS	Nutrition and Dietetics	<u>Industrial Visits: NDRI Karnal</u>	Industrial Visit	2/8/2024	2/8/2024	1 day	Industry Site	Industry Site	Dr. mehak Katyal	Student+ Faculty	
31	SA HS	Nutrition and Dietetics	International Conference: BRICS Council of Exercise and Sports Science (BRICSCCESS) - 2024	International Conference	26-02.2024	29-02.2024	4 day	MRIIRS- A Block	Inetrnational	Dr. Divya Sanghi	Student+ Faculty	
32	SA HS	Nutrition and Dietetics	<u>Industrial Visits: Sky Chef</u>	Industrial Visit	3/8/2024	3/8/2024	1 day	Industry Site	Industry Site	ms. Ankita Sharma	Student+ Faculty	

33	SA HS	Nutrition and Dietetics	career opportunities in Sport Sectors	Career Counselling/ e-counselling	3/13/2024	3/13/2024	2 hours	Q Block	Intra University	Ms. Vandana Garg	Student
34	SA HS	Nutrition and Dietetics	Exclusive session on registered Dietician	Competitive Guidance	3/22/2024	3/22/2024	2 hours	Q Block	Intra University	Ms. Vandana Garg	Student
35	SA HS	Nutrition and Dietetics	Dietetic Day Celebration	Club Activity	1/10/2024	1/10/2024	1 day	T Block/I Block	Inter and intra University	Ms. Ankita Sharma	Student
36	SA HS	Nutrition and Dietetics	World Cancer Day	Expert Lecture	2/4/2024	2/4/2024	3 hours	Q Block	Inter and intra University	Ms. Srishti Negi	Student
37	SA HS	Nutrition and Dietetics	<u>World Health Day- Research poster presentation and panel discussions</u>	Expert Lecture and Competition	4/7/2024	4/7/2024	1 day	Q Block/T Block	Intra University	Dr. Mahak Sharma	Student+ Faculty