

SCHOOL OF Allied Health Sciences



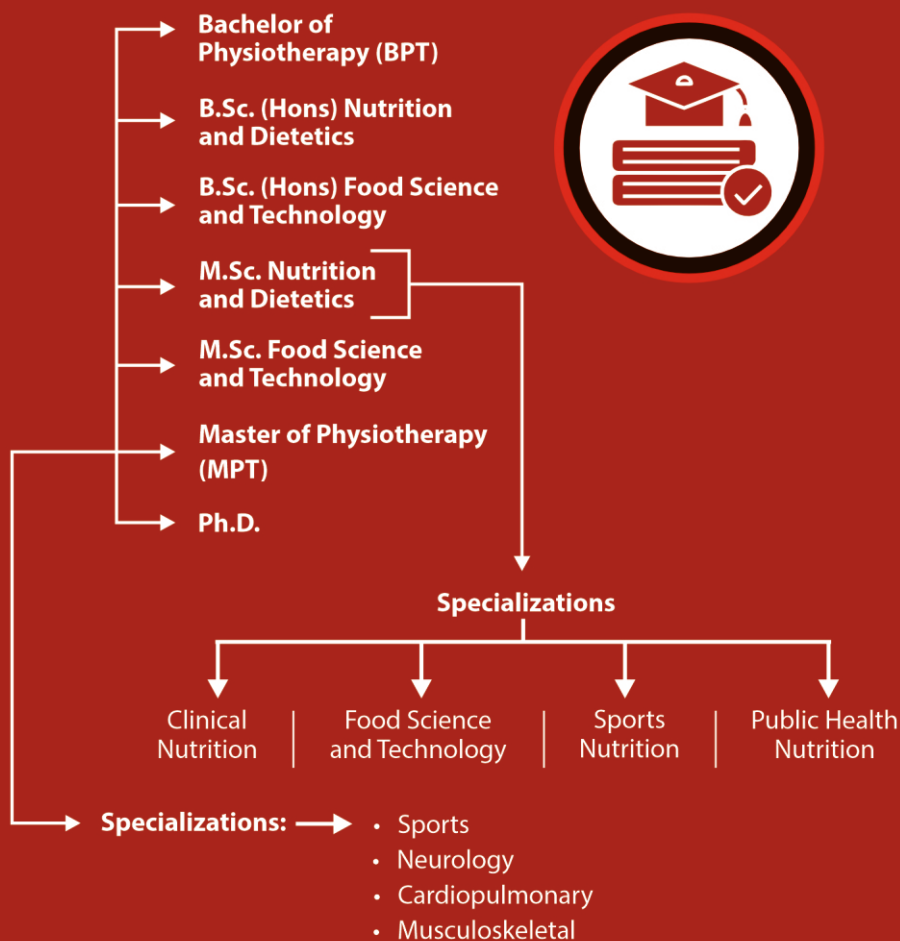
Manav Rachna International Institute of Research and Studies (**MRIIRS, Formerly MRIU**), a 'Deemed- to-be-University' under Section 3 of the UGC Act 1956 is a higher education institute of **Manav Rachna** Educational Institutions, and a **NAAC 'A++'** Grade Accredited Institution.

School of **Allied Health Sciences** offers practical based curriculum, backed by state-of-the-art laboratories, sound infrastructure as well as innovative and interesting learning procedures. The school prides itself on creating an environment of substantial academic freedom overlaid by self-imposed standards of excellence and socially responsive practices to stay abreast of current developments in the fields of Physiotherapy Nutrition & Dietetics.



NAAC A++
ACCREDITED

Programmes Offered



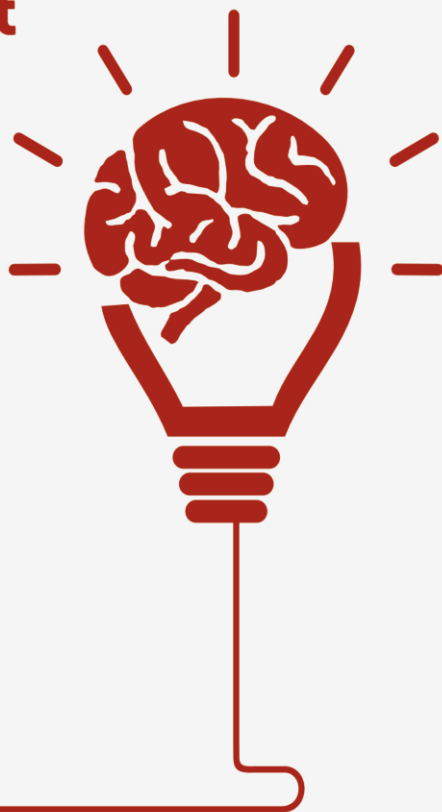
Salient Features

- Recognized and affiliated to Haryana State Council for Physiotherapy
- International research collaborations, and student and faculty exchange program
- DST funded 7 start-up projects on food waste management, value-added products, and innovative projects
- Mandatory Internship in all programmes
- Regular engagement in research projects and hands-on laboratory work through laboratory experiments, pilot plant demonstrations and industry partnerships
- Advanced research facilities to explore latest advancements in food safety, nutrition, and sustainable food production



State-of-the-Art Laboratories

- Food Science Lab
- Food Analysis Lab
- Public Health Nutrition Lab
- Microbiology Lab
- Biochemistry Lab
- Exercise Therapy Lab
- Electrotherapy Lab
- Neurology Physiotherapy lab
- Anatomy and Physiology Lab
- Cardiopulmonary Lab
- Musculoskeletal Lab
- Functional Diagnostic Lab
- Exercise Tolerance Lab
- Medical Physics Lab
- Manav Rachna Sports Science Centre



Diet and Nutrition Clinic (OPD)

Provides nutritional support about nutritional assessment, nutritional awareness, guidelines to prevent communicable and non-communicable diseases and treatment of various metabolic disorders. The clinic has expanded its scope to encompass various specialized areas including child health and related conditions, addressing the nutritional needs of athletes, and raising awareness about the benefits and drawbacks of different health supplements.

Patient Treated with Various Conditions: Hypothyroidism, Diabetes, Kidney Disorder, Liver Disorder, Hyperlipidaemia, Hypertension, Obesity, Weight Gain and many more.

Physiotherapy (OPD)

The dedicated team of physiotherapists delivers personalized care and evidence-based treatments to cater to various musculoskeletal, neurological, and sports-related conditions. Whether you're recovering from injury or surgery, managing pain, or aiming for preventive care, we're here to support you. Hands-on learning is offered through diagnostic tools such as EMG, NCV as well as EMG biofeedback. Personalised therapeutic programs are offered according to the condition of the patients of all ages.



National and International Collaborations

 <p>AMRITA HOSPITAL FARIDABAD Embrace Good Health</p>	 <p>IIMR भारत-भारतीय मीठे अनुसंधान संस्थान ICAR-Indian Institute of Millets Research</p>	 <p>Fortis</p>
 <p>sarvodaya HEALTHCARE</p>	 <p>NIFTEM-K</p>	 <p>NIFTEM KNOWLEDGE • INNOVATION • OUTREACH</p>
 <p>UNIVERSITI TEKNOLOGI MARA</p>	 <p>NUTRA SUPPLEMENTS REDEFINE YOUR ATTITUDE</p>	 <p>POLTEK NEGERI PORTIKAM POLNEP</p>
 <p>UNIVERSITI SULTAN AGENG TJAMTAN</p>	 <p>युवा कार्यक्रम एवं खेल मंत्रालय MINISTRY OF YOUTH AFFAIRS AND SPORTS</p>	 <p>TATA</p>
 <p>PUBLIC HEALTH FOUNDATION of INDIA</p>	 <p>SAI SPORTS AUTHORITY OF INDIA</p>	 <p>Cadbury</p>
 <p>medanta</p>	 <p>BRITANNIA Eat Healthy. Think Better</p>	 <p>Amul The Taste of India</p>
 <p>SHARP</p>	 <p>एन आर आयुर्वेद प्रमाण All India Institute of Ayurveda</p>	 <p>POLTEK NEGERI PORTIKAM</p>
 <p>NUTRA SUPPLEMENTS REDEFINE YOUR ATTITUDE</p>	 <p>युवा कार्यक्रम एवं खेल मंत्रालय MINISTRY OF YOUTH AFFAIRS AND SPORTS</p>	 <p>DST NIDHI Entrepreneur-in-Residence Powered by Venture Center</p>



Achievements

- **Dietary Approach for Reduced Inflammation and Enhanced Recovery (DARIER):** The project addresses the gap in the scientific literature by evaluating the impact of a low DII diet on athlete health and performance.
- **Digitally Inclusive, Healthy Ageing Communities (DIHAC)** is a cross-cultural study primarily based on Japan, Republic of Korea, Singapore and Thailand, and further expanded to India through MR.
- **A comprehensive study to establish the health benefits (in vitro) of Nutri cereals: A way forward for mainstreaming millets.** This is a Multi institutional project primarily focusing on to explore the examine effect of millets on metabolic responses, micronutrient status, immuno-modulation, physiological and cognitive performance in athletes.
- **A DST -Nidhi funding by DTU for research project entitled "Millet Probioc funconal Drink"-** A novel way to explore the potential of millets for addressing nutritional deficiencies.
- **In the field of physiotherapy and Nutrition** several international publications in various Q1 and Q2 categories have been recognised through the different disciplines of physiotherapy (neurology, musculoskeletal, cardiopulmonary as well sports), and nutrition (Clinical nutrition, Public health nutrition and sports nutrition), indicating the high standard in academic rankings at various university levels.
- Students get an opportunity to present themselves on national platforms like National Chhatra Vishwakarma Award Competition, INNOSKILL, Anveshan, Young Scientist Award, and many more.
- **Faculty and students won first position** in oral presentation at AMIFOST 2024, NSI 2024, AICNU 2024.
- **Student emerged as a North Zone Winner** in ANVESHAN 2022, AMET Chennai & AIU.
- **Students bagged 1st place** in the Manage Agri-Eureka 2022, a National level Agri-Innovation and Business Plan.
- **MPT Sports Students** received acknowledgement from President of Kho-Kho Federation of India, for on field physiotherapy support provided at the 56th National Kho Kho Championship 2023-24.
- **Varshini Yadav, BPT student** was the finalist of National Environment Youth Parliament 2024, Minister of Social Justice and empowerment.



Top Recruiters

 Vimhans PrimaMed Super Speciality Hospital experience honest care	 sarvodaya HEALTHCARE	 sprouts CHILD DEVELOPMENTAL CENTRE
 RUDN university	 NIPUN BHARAT	 IAM:D Because Life is Special
 Fortis Escorts Your Caring Hospital	 ISTANBUL GALATA UNIVERSITESI	 asian Institute of Medical Sciences

Placements



Nekulu Sasu
M.Sc. N&D, Batch: 2020-2022
CDF, World Vision India



Malah Rasheed
M.Sc. N&D, Batch 2015-2017
Consultant, UNICEF



Sunil Yadav
M.Sc. N&D, Batch 2015-2017
Women Empowerment Mission, Nepal



Aastha Arora
MPT Neurology (Batch 2021-2023)
Accord Hospital



Omkar Ghorpade
MPT- Sports Batch 2021-2023
Garhwal Heros Football Club (BBFS)



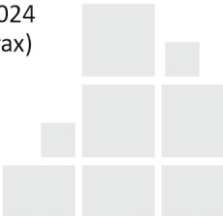
Devanshi
B.Sc FST, Batch 2020-2023
Sattvik council of INDIA



Chenika Yadav
BSc N&D, Batch 2016-19
Pepsico



Kunal Tiwari
B.Sc FST, Batch 2021-2024
DFM Foods Limited (Crax)



Alumni Speak

Aparna Bararia

MPT- Neurology (Batch: 2023-25)

I completed my BPT from MRIIRS and currently pursuing my MPT Neurology here. With dedication and faculty support, I have emerged as a gold medalist Physiotherapist. MRIIRS not only provided me with a 25% scholarship for BPT and 100% for MPT but also honed my skills, making me proficient in leadership, critical thinking, and teamwork.

Ms. Shivani Bhatia

M.Sc. N&D (Batch: 2017-19)

I completed both my graduation and post-graduation in Nutrition and Dietetics from MRIIRS and this place has played a pivotal role in shaping my career and personal growth. I gained knowledge about various aspects of the field, including Clinical Nutrition, Community Nutrition, Sports Nutrition and Food Science. The university offered several projects and internships that helped me explore different career paths and eventually led me to choose Public Health Nutrition as my field of expertise.

Ms. Devanshi Rajpurohit

FST (Batch: 2020-2023)

During my graduation years at Manav Rachna, I acquired indispensable knowledge regarding the complex mechanisms that underlie food production, preservation, and safety. Investigating the intricacies of food packaging, flavor development, and nutritional enhancement has not only enriched my knowledge but also stimulated my imagination. I got many opportunities to participate in National competition and won around eight prizes during my degree. I also got an opportunity to pursue my internship at NIFTEM, Cadburys, Gwalior; FRAC labs etc. The faculty's expertise and passion for the subject have been inspiring, fostering an environment conducive to learning and innovation.



**MANAV RACHNA INTERNATIONAL
INSTITUTE OF RESEARCH AND STUDIES**

'Deemed to be University' under Section 3 of the UGC Act, 1956
NAAC ACCREDITED 'A++' GRADE INSTITUTION

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